#### RSCDS New York Branch Autumn 2012

### A Word from our President, Tom Marshall...

#### Vol-un-teer-ism

[vol-uhn-teer-iz-uhm]

The policy or practice of volunteering one's time or talents for charitable, educational, or other worthwhile activities, especially in one's community.

t's several weeks before the Jeannie Carmichael our Meet-Up and Facebral Ball, and I'm meeting several other JC Ball Committee members at the Thayer Hotel, just to go over all the details with the hotel staff. It's a beautiful, crisp, sunny Sunday morning, and the drive along and over the Hudson river on an early Autumn day is a perfect time to reflect on how lucky we are to have so many people within our dancing community that keep the New York Branch of RSCDS alive and viable. By volunteering their time, talents (and dollars), they

enable us to have weekly classes, dances and other marquee events, like the JC Ball.

Whether it's the Executive Committee members who meet regularly through the year; the Teachers Committee that strategize to ensure the classes are meaningful and the dance programs enjoyable for all; all are giving generously by volunteering. And let's not forget those who contribute their time monitoring our Meet-Up and Facebook sites, our Branch website, and this very newsletter; all important social media venues to let people learn about Scottish country dancing and encourage more dancers. To all of you, a very heart-felt "Thank You".

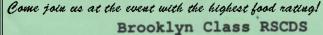
And remember, you don't have to be a member of the Branch to volunteer.

.....Take Partners.....





UPCOMING EVENTS						
December	1st	Drewry Night, Brooklyn				
December	20th	Holiday Party				
December	31st	Hogmanay at Westchester				
January	24th, 2013	Robert Burns Night				
February	23rd	Central Jersey Workshop, NJ Branch				
April	6th	Tartan Day Parade				
April	6th	Rerr Terr, NJ Branch				
May	2nd	AGM (No charge for dancing)				
May	17 - 19th	PAWLING WEEKEND				
June	1st	Westchester Ball				
June	24th	Joint End of Season Party with Scotia				
July	11th	Summer dancing begins				



Proudly presents the 2012 Edition of our Annual



Familiar dances!
On our great wooden floor!
12/1/2012 7:30 pm

Intermediate and Advanced Dancers Only



Homecrest Presbyterian Church Avenue T and East 15<sup>th</sup> Street Brooklyn, NY

Refreshments

\$10.00

Take the Q train to Avenue U and E 15th and walk one block north to the church.

Send reservation (by Nov 15 to receive briefs by mail) to David E. Goldberg, 64 Centre Street, Woodmere, NY 11598 For information:

Nancy Pryce David E. Goldberg 718 376 8303 516 295 2327

ALECTUM@AOL.COM GREBDLOG64@YAHOO.COM JOHN DREWRY NIGHT

01 Silver Tassie	S	3	8x32 Bon Accord
02 Kenora Reel	R	3	8x32 Bankhead 2
03 Bees of Maggieknockater	J	4	4x32 Canadian
04 Cherrybank Gardens	S	3C	3x32 Bankhead 1
05 Blooms of Bon Accord	R	4	4x32 Deeside 2
06 New Opera	J	3	8x32 Australian
07 Mary Hamilton	S	4	4x32 Canadian
08 John of Bon Accord	R	3	8x32 RSCDS 33
09 Alex Doig's Jig	J	3	8x32 London Reel 1
10 Twixt Don and Dee	S	4	4x32 Deeside 2
INTERMISSION			
11 Glayva	J	2	8x32 Canadian
12 Bratach Bana	R	3	8x32 Bon Accord
13 Duchess Tree	S	3	8x32 Brodie
14 MacLeod's Fancy	J	4	4x32 RSCDS 33
15 Peat Fire Flame	R	3	8x40 Bon Accord
16 Belle of Bon Accord	S	4	4x32 Deeside 2
17 Major Ian Stewart	J	3	8x32 RSCDS 35
18 Duke of Wellington	R	3	8x32 Bankhead 1

EXTRAS

19 Silver City, The

20 Byron Strathspey S 3C 3x32 Deeside 2 21 Margaret Parker's Strathspe S 3 8x32 RSCDS 31

22 Moray Rant S 3C 3x48 Silver City

Nancy Pryce

Scenes from **Drewry Night** 2011. Sally Freedman danced with us for many years until she moved from Brooklyn to Baltimore. She joins us when she can, espe-

cially if a trip back can be combined with an activity at the Brooklyn Botanical Gardens with which she was also involved for many years. Barbara Austen, a teacher with the New Haven Branch, and her husband Steve Rice join us most years. Susan Leff and her husband Ed Davis usually fill their car with others from Connecticut, including Ingrid Davis and Pat Morrison.

Often Susan Eisley and her

husband Shenzhang Tang join us from MA. We have 22 dances on the program this year, not as



long a program as this sounds because many are three or four couple set dances and they are not done eight times through. And of course no one is required to do them all!

The music is played by the greatest Scottish bands, expertly selected by Nancy Pryce, who finds the rendition most suited to each dance.

John Drewry and Freddy Sverdlove are contemporaries and friends. Freddy started having an evening of dances all choreographed by John Drewry more than 30 years ago. John used to stay with Freddy and Harry when he came to NY. Once they moved out of

Brooklyn, he stayed with Dave and me.

Lois Goldberg

Dave Goldberg

S 3 8x32 Silver City

































## 2013



## Rerr Terr

Saturday April 6, 2013 5:30 PM to II:00 PM

Church of the Atonement 97 Highwood Avenue (at Engle Street), Tenafly, NJ 07670

### Music by Highland Whisky with special guest Terry Traub

Wine and Cheese 5:30 Dinner 6:00 Grand March 7:15 Fish & Chips dinner catered by Thistle Restaurant Dessert will be served at intermission

Contact Information: Deborah Leary 201-694-4646 E-mail: info@rscds\_nj.org Web: http://www.rscds-nj.org

	lickets: \$45.00
<b>%</b>	
	2013 Rerr Terr Registration

Name(s)\_\_\_\_ Address:\_\_\_\_\_\_State\_\_\_Zip\_\_\_\_

Telephone\_\_\_\_\_E-mail\_\_\_\_

I have enclosed \$ for \_\_Ball Tickets Need Hospitality \_\_

Please make checks payable to RSCDS New Jersey Branch and send to: Deborah Leary, 369 Livingston Street, Norwood, NJ 07648



#### HOSPITALITY

For information on nearby hotels and hospitality please contact: Elizabeth Buonomo Cell: 201-750-2979 Email: elizabeth@alextechmetro.com



























### 2013 Rerr Terr Program

- 1. St. Andrews Fair 3C-32J 5SCD, Goldring
- 2. On the Quarter Deck 2C-32H Harbour City, Boyd
- 3. The Silver City 3C-32S Silver City, Drewry
- 4. Haste to the Wedding 2C-32J Bk. 25-6
- 5. Miss Gibson's Strathspey 3C-32S Leaflet #10, Haynes
- 6. The Dancing Man 3C-32R Goldring
- 7. Bonnie Stronshiray 3C-32S Glas. Assem, Campbell
- 8. Rest and Be Thankful 3C-32R Grampian McConachie

- 9. Wild Geese 3C-32J Bk 24-3
- 10. Maxwell's Rant 3C-32R Bk. 18-10
- 11. Sauchie Haugh 2C-32S Leaflet #12, Emerson
- 12. Pelorus Jack 3C-32J Dolphin Book, Skelter
- 13. Mrs. McLeod 3C-32R Bk 6-11
- 14. The Dutchess Tree 3C-32S Brodie Book, Drewry
- 15. Old Nicks Lumber Room 3C-32J Bk 26-6
- 16. Wind that Shakes the Barley 3C-32R Duthie

Dance briefs are available at www.rscds-nj.org or call 201-694-4646 to receive them by snail mail.



Church of the Atonement, 97 Highwood Avenue (at Engle Street), Tenafly, NJ 07670

From Route 4 (East or West): Take Route 4 and exit onto Grand Avenue North. Grand Avenue becomes Engle Street after it crosses Palisades Avenue in downtown Englewood. Continue north on Engle Street. After the road changes from straight to curvy there is a traffic light at the intersection with Highwood Avenue; the church is just past it on the left.

From the GW Bridge: Follow signs to Route 4 west and continue as above.

From New Jersey Turnpike: Take New Jersey turnpike Exit 70A, Leonia onto Fort Lee Road. Turn left on to Grand Avenue at third traffic light. Drive north on Grand Avenue, which becomes Engle Street after it crosses Palisades Avenue in downtown Englewood. Continue north on Engle Street. After the road changes from straight to curvy there is a traffic light at the intersection with Highwood Avenue; the church is just past it on the left.

From Rt. 80 E. /95 N: Rt. 80 East becomes Rt. 95 N. Take Exit 70A. Follow directions from NJ Turnpike.

<u>Public Transportation from NYC:</u> NJ Transit Bus #166 departs from NY Port Authority Bus Terminal to the Tenafly Train Station (note: there is no train service to this area). Busses leave approximately every 20 minutes on Saturday afternoon and the trip takes an hour. Check with NJ Transit.com for complete schedule. The bus stop is where Highwood Avenue merges into Piermont Road. Walk the four blocks up Highwood Avenue (uphill) to the church.







## From The Montreal SCOTTISH DANCER:

Kachina Allen and Adriana Linden did a radio interview about Scottish Country Dancing in Montreal for CKUT 90.3 FM Movement Museum on August 30, which you can listen to on their website

http://movement-museum.blogspot.ca/

"These two ladies talk us through what Scottish Country dance looks like, how the community works, and why it's better than sex!"



The RSCDS New York Branch invites you to join them for their

# 50th annual 'Pawling' Weekend

Friday 17 to Sunday 19 May 2013

The three outstanding teachers are:

John Wilkinson, Chairman Elect of the RSCDS, of Duns, Scotland

Ruth Jappy of Delta, British Columbia, Canada

Ron Wallace of Santa Rosa, California

Music will be provided by The Scottish Accent Band and Jim Stevenson-Mathews. The weekend includes workshops on Saturday and Sunday, a welcome dance, ball practice, Highland Ball, ceilidh, and after-parties both nights.

There will be a **workshop for teachers** and prospective teachers on Saturday afternoon.

The all-inclusive prices cover the above events as well as accommodation for two nights and all meals from Friday dinner to Sunday lunch.



SATURDAY 11 AUGUST 2012

## Dancing may reduce risk of bone disease

WOMEN who take part in Scottish country dancing could reduce their risk of osteoporosis according to research that found one of the main steps involved is ideal for increasing bone strength.

Researchers at Glasgow Caledonian University recruited 22 participants from country dance clubs in Lochwinnoch and Milngavie to measure the stresses that pass through their lower limbs when performing the popular pas-de-bas

The women performed the step while standing on a force plate to test whether its impact on the bones fell within the range known to be beneficial to bone health.

The team discovered a force 1.94 times the dancer's body weight goes through their legs when carrying out the move, well within the range of 1.5 to 3.5 demonstrated by earlier studies to help prevent deterioration in bone density.

The findings will be presented during the 8th World Congress of Active Ageing (WCAA), which begins in Glasgow on Monday.

One in three women and one in 12 men over the age of 50 in Scotland will suffer a broken bone as a result of osteoporosis, with around 20,000 people admitted to hospital each year with an osteoporotic fracture.

Literally meaning "porous bones", it is caused by a decline in bone mineral density which weakens the bones and makes them more vulnerable to breakages. It is mainly linked to ageing, but smoking and excess alcohol consumption are also risk factors. Sabita Stewart, an NHS physiotherapist who carried out the research, said the research provided a basis for health professionals to recommend the activity to post-menopausal women, the groups most at risk of developing osteoporosis.

She said: "We can't just be anecdotal and say we think this is good for you before we can recommend things.

"A 2004/06 study that tested 160 ladies in the same age group doing lots of different activities found activities that give an impact between 1.5 and 3.5 times body weight is beneficial for bone health in terms of reduced bone mass

loss. That obviously reduces your risk of osteoporosis and increases your bone strength. Therefore, if you were to take a fall you're less likely to break a bone."

She added that evidence suggested an activity such as ceilidh dancing was also better for the bones than some other forms of exercise, such as jogging.

She said: "There are studies coming to light showing that, while running is good for you in terms of being out in the

> fresh air and has benefits for the heart, in terms of bone health and impact it's maybe not as good as something like Scottish country dancing which is stop-

> Dr Morag Thow, GCU lecturer in physiotherapy and study co-author, said: "The study provides new quantitative evidence that the impact forces sustained during the pas-de-bas step are beneficial for bone health and thus postmenopausal women and other older individuals can be assured this activity can help reduce the risk of osteoporosis and falls."

The research was also welcomed by the Scottish Country Dance Society.



Photo by Shelby Peak

SCDS chairwoman Ruth Beattie said: "This research adds to the growing number of scientific

studies that confirm Scottish country dancing is superior in producing levels of fitness with extensive measurable benefits for older people.

"As well as reducing the risk of osteoporosis, Scottish country dancing can help prevent or treat serious and chronic physical conditions, in addition to improving mental health and general wellbeing."

The Active Ageing congress is co-hosted by Glasgow Caledonian University and the BHF National Centre for Physical Activity and Health at Loughborough University, the sport science department responsible for helping prepare many of Team GB's athletes.

## Letter from Scotland

The sky outside is every shade of blue and the clouds are every shade of gray and white. The sea is a dark shade of blue mixed with slate gray touched with whitecaps here and there.

Every place here has a name. Every nook and cranny of it. Often the name seems larger than the place, and each name is spelled out in Gaelic and in English.

Amazing. Just this moment I've watched a hooded crow playing catch with himself. Carrying some bit of stuff in his beak, soaring up on the wind gust, letting go of the bit, trailing it and catching it. Four times in succession. Now he is over the brow of the hill slope.

Across the channel, twixt the inner and outer islands it is known as the Minch. Every bit of sea in and around the islands and Britain has it's name as well. Across the channel, beyond the ruins of Duntulm Castle on the promontory, 400 yds. away, is the Isle of Harris, snow covering its peaks and shoulders

Must go. Breakfast (late) is on. Haggis, eggs, and venison sausages.

Joseph Orbek 1950—2011

## Letters from Camp!

## Shelby Peak

It was with great excitement that I looked forward to attending my first Pawling Weekend this year, and I'm delighted to report that it lived up to all expectations. Friday afternoon began with check-in and some exploring around the beautiful and rustic Circle Lodge.



After dinner, we launched straight into the first of many dance sessions with the Welcome Dance. It was thrilling to see so many people gathered in one place, all eager to dance with great energy and enthusiasm. Live music was provided by **The Scottish Accent Band** and one of my few regrets from the weekend was failing to pick up one of their CDs while I was there!



Of course, the dancing didn't end there for the evening. We retired to the Canteen for drinks and snacks, then it was on to more dancing. I attempted swing (don't quite have the hang of it yet) and was lucky to find a partner for a polka (my favorite couples dance). As the whisky flowed, there was less...dignified...dancing as well.

Y-M-C-A!

The next day, I attended the Basic-track classes along with other beginners as well as more experienced dancers looking to work on their technique. We both focused in on specific technique issues (for example, proper turn-out and body carriage) and drilled a few basic patterns (turn corners and turn partner, for one) until we could execute them with improved confidence. I later calculated that I danced for about seven-and-a-half hours on Saturday (no wonder I was so tired).

It was particularly useful to study with three excellent teachers (two on Saturday, one on Sunday); while we sometimes covered the same material, each teacher had something different to add. One of the best tips I learned was to look up at the seam where the walls meet the ceiling while dancing (not the whole time, of course, but for practice). It's amazing how just that simple technique can lift your whole body.

Saturday evening festivities began with the sherry party at the gazebo by the beautiful lake. Handsome gents in kilts serving alcohol.

Great party, or the best party?

And two lovely ladies who came from far away just for the weekend, Carolyn and Sarah.



Then we were led by Fergie through an impressive Grand March and the Highland Ball commenced. With much encouragement, I gamely attempted nearly every dance (perhaps ill-advisedly in one case--I can assure you that all dancers survived unscathed, however). Later in the evening, we were treated to displays of the varied talents of our fellow dancers at the ceilidh, ranging from some impressive belly dancing to the telling of dirty limericks.

All in all, it was a weekend packed with learning new dances and techniques, meeting new friends, and just having a great time.

Thanks to everyone who was so welcoming to a newbie; to the organizers who kept everything running smoothly; and to the scholarship committee for giving me the chance to attend my first **Pawling Weekend**. I hope to see you all again next year!

Shelby



It was a great privilege to attend my first *Pawling Weekend*. Although I have been to other RSCDS ball programmes, this one was among the best! It was wonderful to meet so many other dancers from this region and beyond. The classes I attended were greatly informational and hopefully helped my technique. As someone in process to be an Episcopal priest, I adored the Sherry Party (if you

know anything about Anglicans, you will know why this is funny). The Céilidh was highly entertaining and I greatly enjoyed seeing the diverse talents of this special group of people. Many thanks for a great weekend!

William L. Ogburn















#### The Royal Scottish Country Dance Society New York Branch

\*

presented **SUMMERDANCE XXIII** June 23, 2012 in the United Nations General Assembly Lobby. Since the year 2000 the dancers who've attended Summerdance have allowed the



New York Branch to contribute more than \$16,000 to UNICEF!

1,500 was raised to benefit















## Here Comes the Bride!

## Sally Clayton & Garry Bosley

Were married on June16, 2012. The service was in the flower garden at their home, which sits in a vast corn field on land from Garry's family farm outside Baltimore. Their house has a sun porch with a sweeping view of the countryside.

Robin Anthony Knox was the Matron of Honor. Nick Knox played the bagpipes. Fergie and Susan Ferguson, Jane and James Fraser, Jim & Gaitley Stevenson-Mathews, and Ellen Sears were among the guests. Yellow the cat joined the ceremony. Sally, Fergie, Jane, James, Jim, Gaitley, Ellen and Nick danced "The Garry Strathspey" and "Mairi's Wedding".



## Keeping up with... Kirsten and Tom!

**K**irsten and Tom Kane enjoyed a holiday in Amsterdam. They did some cycling, and were so impressed by the number of bicycles that it inspired them to get bikes of their own. ...Keep those wheels spinning! :)











## Keeping up with...Paul and Francis!



Every four years, the **Paris Branch** of the **RSCDS** organizes a three-day Easter weekend in France (of course), which is a highly sought after weekend and fills up quickly (and takes three

years to plan)! The committee usually selects a location that would be considered a tourist destination, where there is good food and wine with beautiful cultural or historical interest. (The real problem is selecting amongst the numerous possibilities in France.) Rheims in Champagne, Dijon in Burgundy, Angers in the Loire valley, and Pau in the Pyrenees were previously selected locations. Local NYC dancers Francis Dubois and Paul Jeselsohn were fortunate enough to be able to attend 2012's weekend in Beaune, Burgundy. Well-loved

and highly respected musicians, Muriel Johnstone and Keith Smith (who are playing at this year's JC Ball), rounded out the attraction of this weekend, with Muriel's husband, Bill Zobel, conducting the classes.

150 dancers from twelve countries participated in this weekend; they included Americans from San Francisco, dancers from Lisbon, Moscow,

nearby Switzerland, and Belgium with a very good representation from the U. K. In an historic restored hall of the 15th century *Hospices de Beaune*, a former almshouse, an elaborate for-

mal dinner preceded the formal ball; medieval tapestries draped the room. Dinner followed a special tour of this incredible medieval hospital. Already formally dressed for dinner and the ball, before entering the Hospices, we all marched in a procession, led by a bagpiper, which took us through the city square and provided local color and photo opportunities to the tourists visiting Beaune. During this weekend the music, the ambiance of the locations, the quality of the food and drink, the teaching and the dancing were all topnotch and special.

DESTINATION
BURGUNDY
7-9 April 2012
The RSCDS Paris Branch trivites you to an unsemational weekend of Scottish Country Dancing in Beaume, the medieval capital of Burgundy wines
Teacher: Bill ZOBEL
Musicianis: Muriel JOHNSTONE and Ketth SMITH

Full details available on www.rscdeparis.org. from 1st October 2011
Application from on website from 2nd November 2011
12:00 noon

One of the dancers with whom we connected was staying with English friends who had bought a former convent, also medieval; she was nice enough to show us their home, and they received us with grace and hospitality and took us for a tour of their "work-in-progress." The entire weekend was a memorable treat for all the participants, and everyone felt lucky to have been able to attend.





Touring France via Photoshop!

## Summer in the City





# Cookma Corner

### **Apple Crisp**

Apples - 10 cups apples- tart or mixed variety- or as many as you want (I like lots), peeled, and sliced.

1 cup brown sugar

1 cup flour

1 cup old fashioned rolled oats

1 teaspoon baking powder

1 teaspoon cinnamon

1/4 teaspoon salt

3/4 cup butter, softened

Optional—1/4 cup flaxseed meal for an extra nutritional boost.

Oh, it was perfect!" Ann Hankins "It was delicious" Sue Ronald



- 1. Spread apples in a greased 13x9x2-inch baking pan.
- 2. In medium bowl, stir remaining ingredients OK to use hands until mixture is crumbly. Sprinkle/ crumble the topping evenly over the apples.
- 3. Bake uncovered at 375 until topping is golden brown and fork goes through easily, about 30-40 minutes.

The length of cooking time depends on the type and amount of apples used.

### THE CANNY SCOTSMAN

A Scotsman walks into a bank in the City and asks for a loan. He tells the manager that he is going to Scotland on business for two weeks and needs to borrow \$5,000.

The manager tells him that the bank will need some form of security for the loan, so the Scotsman hands over the keys to his new Ferrari. The car is parked on the street in front of the bank.

The Scotsman produces the registration book and everything is in order. The manager agrees to accept the car as collateral for the loan. The bank staff all enjoy a good laugh at the Scotsman for using a  $\mathcal{Z}$  250,000 Ferrari as collateral against a  $\mathcal{Z}$  5,000 loan. An employee of the bank then drives the Ferrari into the bank's underground garage and parks it there.

Two weeks later, the Scotsman returns, repays the £5,000 and the interest, which comes to £15.41. The manager says, "Sir, we are very happy to have had your business, and this transaction has worked out very nicely, but we are a little puzzled. While you were away, we checked you out and found that you are a multimillionaire. What puzzles us is, why would you bother to borrow £5,000?"

The Scotsman replies: "Where else in the City can I park my car for two weeks for only £15.41 and expect it to be there when I return?"

...Contributed by Sheila Wilson



## My Friends at the Tucson RSCOS

The Tucson dance community was my home away from home this past year. They are a welcoming, dedicated and fun group! I miss my new friends, and look forward to dancing with you again in sunny Arizona. Happy trails to all! Sue















Emma Klajbor



Barnhill





#### NEW YORK METROPOLITAN AREA DANCE GROUPS

#### www.rscdsnewyork.org

	Location	Day and Time	Contact	email
New York City	RSCDS New York Branch Holy Cross School 332 West 43rd Street (bet. 8th & 9th Aves.) Manhattan	Thursdays, 7:20 - 10:00 PM	Sheila Wilson 212-849-8282	info@rscdsnewyork.org
	Scotia Dancers Madison Avenue Baptist Church 30 East 31st St. Manhattan	Mondays, 6:45 - 10:00PM	Ann Hankins 212-634-8084	
Brooklyn	Brooklyn Scottish Country Dancers Homecrest Presbyterian Church Avenue T & E. 15th Street Brooklyn, NY	Tuesdays, 7:30 PM	Nancy Pryce 718-376-8303 Dave Goldberg 516-295-2327	Alectum@aol.com grebdlog@verizon.net
Nassau County	Nassau County Scottish Country Dancers Temple Tikvah 3315 Hillside Avenue New Hyde Park, NY 1/2 block west of Herricks Rd.	Thursdays, 7:30 PM	Dave Goldberg 516-295-2327 Ann Smith 631-271-5740 Herb Plever	grebdlog@verizon.net hplever@nyc.rr.com
Smithtown Long Island	Epenetus Smith Brush Barn Route 25 East of Route 111 Smithtown, Long Island	Tuesdays, 7:30 PM	Ann Smith 631-271-5740	
New Jersey	RSCDS New Jersey Branch Main Auditorium, Meadow Lakes Retirement Community Hightstown, NJ	Mondays, 7:30 - 9:30PM	Bart Jackson 609-936-0891	bjackson2@comcast.net
	RSCDS New Jersey Branch Church of the Atonement 97 Highwood Ave. at Engle St. Tenafly, NJ 07670	Tuesdays 8:00 - 10:00PM	Elaine Enger 201-567-8727 Deborah Leary 201-694-4646	
Westchester	Scottish Country Dance Society Of Westchester Elmsford Community Center 10 North Stone Ave. Elmsford, NY 10523	Wednesdays 8:00 - 10:30PM	Maryon Noble 914-591-8228 Lynn Hanover 914-762-1173	rnoble8228@aol.com lynnabby@hotmail.com

The RSCDS New York Branch publishes *Scottish Country Dancer NY*. The editor reserves the right to edit materials for reasons of clarity, style or space. Editors of other newsletters may use this material. Please credit author and source.

The Scottish Country Dancer NY is distributed free, by email, to members of the New York Branch.

If you would like a paper copy please contact Sue Trapp at the address below.

In order to get the RSCDS magazine "SCOTTISH COUNTRY DANCER" from the headquarters of the RSCDS in Edinburgh, you must pay your RSCDS membership by the end of September. You will get two issues for the year, one of which will contain dances.

Contact Wendy Pally, the Membership Secretary at: membership@rscdsnewyork.org

Correspondence, including announcements of dance events for your area, should be sent to the editor:

Sue Trapp, 37 1/2 St. Marks Place, Apt B3, New York, NY 10003

 $email\ address: info@rscdsnewyork.org\ or\ suetrapp@msn.com.$ 

